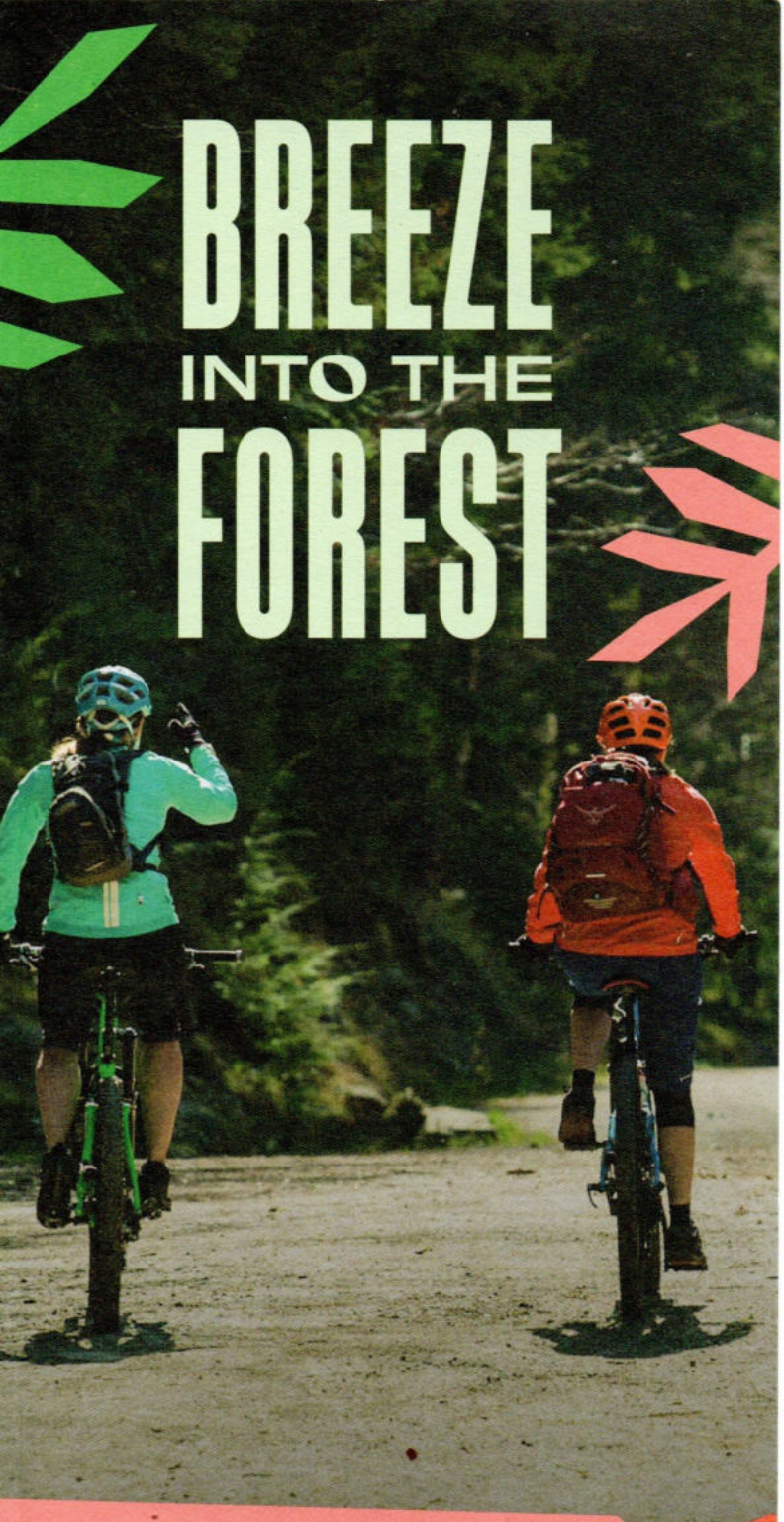

BRITISH CYCLING

Forestry England

BREEZE INTO THE FOREST

British Cycling and Forestry England have teamed up to offer free, women-only group cycle rides for all abilities in the nation's forests.

Every group ride is led by a qualified Breeze into the Forest Champion who will organise everything and make sure everyone stays safe.

Visit **letsride.co.uk/breeze** to find a Breeze Into The Forest ride